



**Instructions for Annual Sports Day  
Class VI and VII  
Friday, October 12, 2018  
INSTRUCTIONS FOR PARTICIPANTS**

- **The students have to report to the school at 7:30 A.M. in the morning.**
- School buses will ply at the regular timings.
- The students will report to the teacher incharge in the Annexe block. The same would be listed on the whiteboard outside Abha Ma'am's room.
- The students must carry their school uniform duly labeled in a bag.
- The students would be given a light snack. However, it is suggested to bring a light, dry snack and water.
- The students would accompany the teacher incharge to the field for the Annual Sports Day and would ensure he/she is duly informed about their whereabouts at all times.
- After the show, the students have to come back to the assigned classroom in the Annexe Block with the teachers incharge, return the costume, inform the teacher before going with their parents. **The parents are requested to carry collection ID card and to collect their child from the classroom only after informing the teacher incharge.**
- The students must carry a small hand towel, safety pins, comb, wipes. They would leave their bags in the allotted classroom.
- Student A.Ds to also report to the teacher incharge. Attendance will be taken both in the morning and at dispersal. Parents are requested to carry the collection ID cards with them.
- Parents are requested to be seated by 8:45A.M. and wait till the end of the programme and take their wards along with them. The buses will ply at the regular timings ie. 1:30 P.M.
- Grade VIII A.D.s to come in proper school uniform and go back in the buses at 1:30 p.m.
- Dancers for fusion dance need to come in their costume and makeup.
- Dispersal schedule will be put up on the Annexe notice board. Parents are requested to see it before collecting their ward.
- Parking of vehicles : Parents are requested not to park their vehicles in the bus lane, and to be prompt in moving out before one-way begins at 1.10pm.

**All girls must wear black rubber band only.**

Event wise Instructions-

March past-

The students must wear proper school uniform from home ie. house t- shirt, skirt/ trousers, polished shoes, school socks.

The girls must tie their hair properly in a pony tail/ plait.  
The students must carry a duster to wipe their shoes before the show.  
The students participating in another event to carry their costume for the next event (aerobics, races etc) and be responsible for the same.

#### Yoga-

The students to wear the t- shirt given and black tights from home.  
School uniform to be carried to the school.  
Students to perform yoga barefoot.  
Hair to be tied in a high ponytail tail or plait.  
No make up.

#### Basketball

Costume to be worn from home.  
School uniform to be carried to the school.  
School socks and school shoes to be worn.  
Hair tied up in a high ponytail or plait.  
No make up

#### Martial arts

Costume to be worn from home.  
School uniform to be carried to the school.  
Girls must wear a tight, round neck, long white t shirt under the costume. It must cover the hips completely.  
Hair tied up in a high ponytail or plait.  
No make up.  
No accessories like watch, bangle etc to be worn.

#### Choir

Proper school uniform to be worn from home- school check shirt, trousers or skirt, school shoes, school socks.  
Hair neatly tied up in a high ponytail or plait.  
Light make up to be done from home.

#### Fusion Dance

Costume and jewelry to be worn from home.  
School uniform to be carried to the school.  
School socks and school shoes to be worn.  
Hair tied up in a bun with white flowers.  
Make up to be done from home except eye makeup.

## Comperes

Proper school uniform to be worn from home- school check shirt, trousers or skirt, school shoes, school socks.

Hair neatly tied up in a high ponytail or plait.

Light make up to be done from home.

## Aerobics

Costume to be worn from home.

School uniform to be carried to the school.

Hair tied up in a high ponytail or plait.

Light make up to be done from home –foundation, compact, black eyeliner, light pink blush.

Girls to wear white socks till the knee.

## Skating

Costume to be worn from home.

School uniform to be carried to the school.

School socks and school shoes to be worn.

Hair tied up in a high ponytail or plait.

No make up

Skates to be brought from home.

## Ushers

Proper school uniform to be worn from home- school check shirt, trousers or skirt, school shoes, school socks.

Hair neatly tied up in a high ponytail or plait.

Light make up to be done from home.

## Races

House t shirt to be worn from home with trousers or skirt, school shoes, school socks.

Hair neatly tied up in a high ponytail or plait.

Shorts to be carried to the school.

## A.Ds-

Students to report to their teacher incharge and be with the participants at all times.

A.Ds to go back in school bus at 1:30 P.M. or picked up by their parents at supervision time.

